2012-2013 Theme: Body and Spirit

There are thoughts which are prayers. There are moments when, whatever the posture of the body, the soul is on its knees. ~Victor Hugo

2012-2013 Program Description:

The Mahle and Wesley Scholars theme for this coming academic year is...Body and Spirit. We will be how body and spirit are related and how each is crucial to our being. Throughout the year we will explore living the ordinary young adult, college experience in an extraordinary way. Who am I? What are my passions? What are my goals? How do I fit my dreams into reality? How can I focus on the Me right now and the Me that will be in the years to come? How do I live in the present while all my decisions seem to be about my future? How do I care for both body and spirit?

We will ask these big questions, deep questions, and personal questions. We will also talk about the common good, our own part in pursuing the common good, and how we can grow as whole, authentic persons. We will act compassionately and reflect courageously. We will explore a variety of multi-faith spiritual practices like walking a labyrinth, yoga, guided meditation, keeping balance and journaling. Each week, we will build community together, share a meal, talk about the readings and our journals, welcome guest speakers, and develop personal projects that reflect our deep values and vocational passions. This will be a journey inward, and a journey outward!

Some of the readings we have be explored are Etty Hillesum’s Letters from Westerbork, Rumi’s sacred poems, writings of the 2012 Mahle Lecturer, Rachel Naomi Remem’s My Grandfather’s Blessings, yoga articles, and Jonathan Safran Foer’s Eating Animals. All books will be provided as part of the Mahle and Wesley Scholars program.

Mahle Scholars Description:

The Mahle Scholars Program exists in the Wesley Center through a generous gift of Stephen and Kathi Austin Mahle called the Mahle Endowed Fund for Progressive Christian Thought. The Mahle Scholars Program invites undergraduate students to explore the connections between one’s vocation, progressive Christian faith, and the values of spirituality, service and social justice. Thus, Mahle Scholars will seek out the vitality, relevancy and dynamic character of Christianity, as it can be re-imagined and practiced anew in our contemporary global and multi-faith context.

During the Fall Semester, the Mahle Scholars will meet for two and a half hours once a week (Wednesdays, 4:10pm to 6:30pm) to share a meal and reflect with the Wesley
Scholars on shared readings. Mahle Scholars will also share in the overnight retreat in early October with the Wesley Scholars. By the end of the semester, the Mahle Scholars will each develop a proposal for a project connected to the work of the 2013 Mahle Lecturer.

Then in the Spring Semester, Mahle Scholars will meet as a group to focus closely on the writings of the Mahle Lecturer, and develop the action-plan for their projects. These projects will enable Hamline students, staff and faculty to hear about, or learn from the Mahle Lecturer through programs either before, during, or after the Lecturer’s visit. Mahle Scholars serve as hosts, facilitators and leaders of the Lecturer’s visit, thus will have a chance to meet and work with the Mahle Lecturer in a very personal way.

The aim of the Mahle Scholars Program is to create an open, diverse and supportive learning community that will enhance spiritual and ethical leadership across various vocations. Scholars must commit to the entire academic year and they will receive a stipend of $2000 for the school year (September through May), to be distributed 4 times (2X a semester).

**Wesley Scholars Description:**

The Wesley Scholars Program invites undergraduate students to participate in exploring the connections between one’s vocation and the values of spirituality, service and social justice. Through study, action and reflection, the Wesley Scholars will explore vocation and these values toward developing an individual project, which will be implemented during the spring semester of ‘13. Potentially, a project could involve a Catalyst Spring Break trip, a service-learning or volunteer opportunity, a campus org program, work experience, civic engagement or spiritual community.

During the fall semester, the Wesley Scholars will meet for part of the time with the Mahle Scholars, who will also be exploring vocation and values in a multi-faith context. The aim of the Wesley Scholars Program is to create an open, diverse and supportive learning community that will enhance the Wesley Scholars’ leadership skills and vocational directions. There will be opportunities for a retreat, guest speakers, service-learning. Scholars will receive a stipend of $2000 for the school year ‘11-‘12, distributed quarterly. Students must be able to commit to the full year of the program.

There is limited space in the program, and acceptance will involve an application and interview process.
Program Leaders: The Mahle and Wesley Scholars Program will be co-led by Megan Dimond, Coordinator of Religious and Spiritual Life Programs of the Wesley Center for Spirituality, Service and Social Justice, and Chaplain Nancy Victorin-Vangerud, Director of the Wesley Center for Spirituality, Service and Social Justice.

Program Time: Wednesdays, 4:10pm to 6:30pm (including meal) beginning September 12th, and an overnight Fri-Sat retreat in early October (TBA).

Criteria for Selection:
- Commitment to exploring new connections between spirituality, service and social justice.
- Evidence of leadership experience.
- Potential to benefit from the Wesley Scholars Program.
- Good academic and judicial standing with current enrollment at Hamline University.
- Completed application form and résumé by the application date.
- Completed nomination form from a Hamline faculty or staff member.

Program Expectations:
- Commit time for study, discussion, action and reflection in a learning community that seeks to be open, diverse and mutually respectful. Deep listening and clear speaking will be valued and practiced. Weekly readings will be a short article or chapter from materials provided. Learning to journal will be part of the program.
- Commit to two and a half hours per week in program meetings, and to an average (over the course of the semester) of four hours per week in study, journaling and project development outside of the meeting time. During J term, we will not be meeting.
- Retreat is required as well as the final public presentation luncheon on Tuesday, May 7th, convo.
- Work with program leaders and resource persons in researching, designing and implementing an innovative project related to one’s deep values and vocational passions.

Applications:
Applications will be accepted beginning April 9th, 2012 - April 30th 2012. Return the completed application form along with the requested attachments to the Wesley Center for Spirituality, Service and Social Justice:

Campus mail: Wesley Center Scholars Program, MS-A1735
US mail: Wesley Center Scholars Program, Hamline University MS-A1735, 1536 Hewitt Ave., Saint Paul, MN 55104-1284

In person: 742 N. Snelling Ave. (near SuperAmerica)
The submission deadline for all application materials is 4:00 p.m., April 30th.

Interviews will take place during the first two weeks of May, with acceptance decisions the following week.

Questions:
Please contact either--

Megan Dimond, Coordinator of Religious and Spiritual Life Programs of the Wesley Center for Spirituality, Service and Social Justice (651-523-2315, mdimond01@hamline.edu).

Chaplain Nancy Victorin-Vangerud, Director of the Wesley Center for Spirituality, Service and Social Justice, (651-523-2750, nvictorinvangerud01@hamline.edu).
Wesley Scholars Program
for Exploring Spirituality, Service and Social Justice
Application Form
2012-2013 Theme: Body and Spirit

Criteria for Selection:

- Commitment to exploring new connections between spirituality, service and social justice.
- Evidence of leadership experience.
- Potential to benefit from the Wesley Scholars Program.
- Good academic standing and current enrollment at Hamline University.
- Completed application form and résumé, turned in on time.
- Completed nomination form from a Hamline faculty or staff member.

I. Personal Information:
Your name: ____________________________________ Hamline ID number: __________________
Class year in 2012-2013 will be (soph., junior, senior): _______ Mahle or Wesley _________________
E-mail address: ________________________________
Phone/cell number: ___________________________
Campus mailbox or local address: _________________________________________________________________

Attach your résumé that includes information about your experiences, achievements, and goals.

II. Contact Information of Nominator:
Name: ____________________________________________ Phone number: __________________
Title/association/affiliation: ________________________________________________________________

The nomination should be about one page long and may be sent directly to the Wesley Center for Spirituality, Service and Social Justice by your nominator, or attached to this form.

III. Evidence of Interest and Preparation:
Write a two to three-page essay (typed and double-spaced) addressing the following:

- Your experience in leadership, service, and community involvement.
- What you will bring to the Wesley Scholars Program—how it fits with where you are in your Hamline journey. How does the theme stand out to you?
- How the Wesley Scholars Program will benefit you.

Attach your essay to this form.
Deadline: Monday, April 30, 2012, 4:00 p.m.

Return completed form along with attachments to the Wesley Center:

Campus mail: Wesley Scholars Program, MS-A1735

US mail: Wesley Scholars Program, Hamline University MS-A1735, 1536 Hewitt Ave., Saint Paul, MN 55104-1284

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Questions:

Contact either:

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Theme of Year 2011-2012

The Wesley Scholars theme for this coming academic year is...LEAP: Living, Eating And Praying! If this sounds familiar, you may have already read Elizabeth Gilbert’s book (or seen the movie!) about her cross-continental spiritual journey, called Eat Pray Love. We are playing with this theme, but leaping in a different way. Throughout the year we will explore living the ordinary young adult, college experience in an extraordinary way. Who am I? What are my passions? What are my goals? How do I fit my dreams into reality? How can I focus on the Me right now and the Me that will be in the years to come? How do I live in the present, and LEAP, while all my decisions seem to be about my future?

We will ask these big questions, deep questions, and personal questions. We will talk about the common good, our own part in pursuing the common good, and how we can grow as whole, authentic persons. We will act compassionately and reflect courageously. We will explore (along with the Mahle Scholars) a variety of multi-faith spiritual practices like walking a labyrinth, yoga, guided meditation, keeping balance and journaling. Each week, we will build community together, share a meal, talk about the readings and our journals, welcome guest speakers, and develop personal projects that reflect our deep values and vocational passions. This will be a journey inward, and a journey outward!

Some of the readings we will be exploring are Pema Chödrön’s Taking the Leap, Etty Hillesum’s Letters from Westerbork, Rumi’s sacred poems, writings of the 2012 Mahle Lecturer, Rachel Naomi Remem’s My Grandfather’s Blessings, yoga articles, Jonathan Safran Foer’s Eating Animals, and Thich Nhat Hanh’s you are here. These books will be provided as part of the Wesley Scholars program.

Program Description:

The Wesley Scholars Program invites undergraduate students to participate in exploring the connections between one’s vocation and the values of spirituality, service and social justice. Through study, action and reflection, the Wesley Scholars will explore vocation and these values toward developing an individual project, which will be implemented during the spring semester of ‘12. Potentially, a project could involve a Catalyst Spring Break trip, a service-learning or volunteer opportunity, a campus org program, work experience, civic engagement or spiritual community.

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Program Leaders: The Wesley Scholars Program will be co-led by Megan Dimond, Coordinator of Religious and Spiritual Life Programs of the Wesley Center for Spirituality, Service and Social Justice, and Chaplain Nancy Victorin-Vangerud, Director of the Wesley Center for Spirituality, Service and Social Justice.

Criteria for Selection:

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• Completed application form and résumé, turned in on time.
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Program Expectations:
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• Commit to two and a half hours per week in program meetings, and to an average (over the course of the semester) of four hours per week in study, journaling and project development outside of the meeting time. During J term, we will not be meeting.
• Retreat is required as well as the final public presentation luncheon on Tuesday, May 1st, convo.
• Work with program leaders and resource persons in researching, designing and implementing an innovative project related to one’s deep values and vocational passions.

I. Nominee:
Name of person nominated: _________________________________________________________

II. Nominator:
Name: __________________________________________________________________________
E-mail address: ___________________________ Phone number: _________________________
Address or campus mail box _________________________________________________________
Title/association/affiliation: _________________________________________________________
Relation/connection to person nominated: _____________________________________________

III. Recommendation:
Please provide a brief paragraph outlining why this student is worthy of nomination, including:
• Nominee’s notable qualities.
• Estimation of nominee’s readiness to take advantage of the opportunities offered through the Wesley Scholars Program.

Deadline: Thursday April 21, 2011, 4pm.

Return completed form along with attachments to the Wesley Center:

   Campus mail: Wesley Scholars Program, MS-A1735
   U.S. mail: Wesley Scholars Program, Hamline University MS-A1735, 1536 Hewitt Ave., Saint
              Paul, MN 55104-1284
   In person: 742 N. Snelling Ave. (near SuperAmerica)
   Email: Megan Dimond, mdimond01@hamline.edu

Questions:
Contact Megan Dimond, Coordinator of Religious and Spiritual Life Programs of the Wesley Center (651-523-2315, mdimond01@hamline.edu), or Chaplain Nancy Victorin-Vangerud, Director of the Wesley Center for Spirituality, Service and Social Justice, (651-523-2750, nvictorinvangerud01@hamline.edu).