



## **HAMLIN UNIVERSITY PEER WELLNESS EDUCATION Peer Wellness Educator Position Description 2020-21**

Peer Wellness Education is a student group that works with Counseling & Health Services to promote healthy lifestyles for Hamline students. The mission of the group is to empower students to make informed decisions about their own health. This information is disseminated through campus events, FYSEM wellness presentations, flyers, tabling, and social media. Peers work closely with staff advisors. Peer Wellness Educators are hired to be in charge of the following areas: Sexual health, Alcohol and other drugs, Mental health, Physical health, Marketing/Communications, and FYSEM wellness presentations.

### **QUALIFICATIONS:**

- Interest in preventive health and a desire to affect change in student health behaviors
- Creative, energetic, detail-oriented, good time management
- Ability to design and facilitate health-related events
- Good written and oral communication skills, including public speaking
- Flexible schedule, including ability to work some evenings & weekends
- Ability to work independently and collaboratively
- Understand the influential position Peers have as role models
- Previous student leadership, peer education, event planning, and/or health education-related experience preferred, but not necessary

### **JOB REQUIREMENTS:**

- Commit to Peer Wellness Education for the entirety of the 2020-21 school year
- Sign contract during meeting on Tuesday, March 10, 2020 at 11:30am in Manor 3
- Strongly encouraged to attend all spring 2020 Peer Wellness Education events and meetings
- Encouraged to attend Minnesota Peer Education conference Saturday, March 28, 2020
- Attend the following mandatory trainings:
  - Peer Wellness Education training, August 31- September 4, 2020
  - Mental Health First Aid Training, September 8, 2020
  - Sexual Health Training in collaboration with Family Tree, Fall of 2020
- Attend weekly Peer Wellness Education meetings on Tuesdays during Convo Hour & bimonthly leadership meeting (time TBD) during 20/21 school year
- Attend all monthly Peer Wellness Education events
- Create/display health promotion marketing campaigns; Toilet Tribune, flyers, table tents, web-based information, bulletin boards, social networking, etc.
- Network with professors, student orgs, and other campus professionals, creating opportunities for health education programming and preventive health messages
- Devote 3-4 hours per week to Peer Wellness Education

**COMPENSATION:** \$200 per semester stipend

**Questions?** Email Katy Rimstad at [krimstad01@hamline.edu](mailto:krimstad01@hamline.edu)