

# Hedgeman Student Empowerment Retreat

September 27-28, 2019

*Proclaiming Self Love,  
Propelling Personal and Professional Development*



Friday, September 27, 2019		Saturday, September 28, 2019	
		9:00-9:30am	Breakfast
		9:30-10:00am	Ice breakers
5:00pm	Depart from Hamline	10:00-10:30am	Student Development Navigating the University
	Travel Time	10:30-12:00	Academic Development: Mastering the Classroom
7:00pm	Dinner	12:15	Lunch
8:00pm	Opening Session: Introductions & Icebreakers	1:00-3:30pm	Free Time <ul style="list-style-type: none"> <li>• Open Gym</li> <li>• Waterfront</li> <li>• Study/ Sleep/ Chill</li> </ul>
8:30pm	Personal Development Proclaiming Self Love	3:30-4:15pm	Community Development: Retreat Olympics
10:00pm	Bonfire	4:30-5:15pm	Professional Development: The Etiquette Edge
		5:15-6:30pm	Workshop & Dinner
		6:30pm	Pack-Up/ Clean-Up
		7:00-7:45pm	Closing Activity & Evaluation
		7:45-8:00pm	Departure for Hamline
		9:00pm	Arrival at Hamline