

2012 Biennial Review

January 2011 through December 2012

In compliance with the Drug Free Schools and Communities Act

1. Program Effectiveness
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Introduction

The Drug Free Schools and Communities Act of 1989 and subsequent legislation require that an institution of higher education (IHE) certify that it has adopted and implemented a program to prevent the use of illicit drugs and the abuse of alcohol by students and employees. The IHE must do so to be eligible to receive funds or any other form of financial assistance under any federal program, including participation in any federally funded or guaranteed student loan program.

This report certifies that Hamline has adopted and implemented an alcohol and drug abuse prevention plan.

This report is a result of the work of the Alcohol and Other Drug Task Force. Members of this committee are: Alan Sickbert, Dean of Students; Monita Mohammadian Gray, Assistant Dean of Students; Becky Kaarbo, Director of Orientation and First-Year Programs; Andrew Crouse, Assistant Dean and Assistant Counsel; Javier Gutierrez, Assistant Dean of Students and Director of Residential Life; Jason Verdugo, Athletic Director; Jim Schumann, Director of Safety & Security; Dorcas Michaelson, Director of Human Resources; Lori Larkin, Manager Student Employment and Office Operations; Katy Rimstad, Counselor; Casey Speaker, Events Scheduling Coordinator. In accordance with applicable law, we reviewed the following to ensure compliance:

- Drug Free Schools and Communities Act of 1989
- Drug Free Schools and Communities Act implementing regulations at 34 CFR Part 86
- Drug Free Schools and Communities Act Compliance Checklist

1. Program Effectiveness

1.1. Program Overview

1.1.1. Annual Written Notice Distribution

1.1.1.1. **Students.** [EMAIL DISTRIBUTION] Students are informed of the University's alcohol and drug policy through various formats. The first begins at our piper preview summer sessions. During a residential life session staff inform parents and students what the drug and alcohol policy is and what are sanctions if found responsible. At the time of checking-in to the residence halls, students receive a packet that contains the residential life policies which explains in detail the alcohol and drug policy. During the piper passages (orientation program) each residence hall has a floor meeting where the alcohol and drug policy are explained to the students.

1.1.1.2. **Employees.** Every April, the Office of Human Resources sends an email to all faculty and staff with the university's drug and alcohol policy information.

1.1.2. Awareness and Training Efforts

1.1.2.1. **New Student Orientation.** Several efforts help set a positive campus climate right from the beginning. We focus much of our attention on this during Piper Passages (our fall orientation program). During Piper Passages, students attend a series of events that focus on appropriate behavior, bystander intervention, conduct and campus policies and education on drug and alcohol use. Our 4 main programs that focus on this are a pre-matriculation assessment administered through our Counseling and Health office called "My Student Body", our Monday Night Live program with skits on social responsibility and small group discussion afterwards, Until Someone Wakes which is a play on issues of power-based person violence followed by bystander intervention training and discussion, and the Rootbeer Kegger put on by our Peer Educators (Counseling and Health student group) and Greek Life on campus

1.1.2.2. **Residential Life.** Residence life has always been a huge part of the alcohol free and educational programming on campus. The Resident Advisors and members of Residence Hall Association (RHA) provide consist programming in the halls such as movie nights, game nights, craft nights, etc... All of these events are alcohol-free so they continually model what great social programming. More specifically, they host events such as Root beer Pong, safe Spring Break kits, educational bulletin boards, just to name a few, that not only focus on social interaction and fun, but are specifically designed to educate students. Not only does Residence Life provide ample substance free events, they have an entire floor dedicated to it allowing to students who choose to dedicate their living space in this way to have a safe and inclusive place to this.

1.1.2.3. Counseling and Health Services

1.1.2.3.1. **Health and Wellness Peer Educators.** Hamline University's Peer Educators are undergraduate students who are interested in promoting healthy behaviors among their fellow students. Each month, the Peer Educators make a one-page newsletter that is hung on the inside door of each bathroom stall. Each Toilet Tribune shares

information about relevant health topics for that month (i.e., how to identify if your friend has alcohol poisoning, stress management tips for finals week) and includes an advertisement for a health-related event on campus put on by the Peer Educators.

1.1.2.3.2. **Spring Break Kits.** The Peer Educators give out over 100 Spring Break Kits every year in the week before Hamline's spring break. These kits are a water bottle that is filled with condoms, sunscreen, bandaids, mints, information about how to spot alcohol poisoning, and general safety tips for spring break.

1.1.2.3.3. **Thirsty Thursdays or Tipsy Tuesdays.** The Peer Educators host an alcohol-free event every fall during which students drink "mocktails" (non-alcoholic mixed drinks) and play Alcohol Jeopardy (an informational game made by BACCHUS, the national organization for Peer Educators).

1.1.2.3.4. **Speaker David Hellstrom.** David Hellstrom was a speaker that was hosted by Peer Education. He spoke about healthy decision-making related to alcohol. He is employed by BACCHUS, the national Peer Education association.

1.1.2.3.5. **Alcohol/Drug Assessment.** When students meet with counselors or nurses at Counseling & Health Services, all providers assess the students' current and past alcohol and drug use habits and then adjust their treatment as needed. They may spend time in the meeting with the student discussing their substance use behaviors or they may refer the student to an off-campus treatment resource.

1.1.2.3.6. **MyStudentBody.** MyStudentBody is an online interactive wellness prevention program. It teaches students about alcohol, drugs, and other addictive substances. The goal of the course is to increase students' knowledge, decrease harmful behaviors, and provide information to help students make good decisions. Hamline University requires first year students to complete the course.

1.1.2.3.6.1. *Summary data: 6/6/2011-12/4/2011:*

- 316 students completed it
- 109 students were "in progress"
- 515 total number of undergraduate students admitted fall 2011
- 61.35% completion rate

1.1.2.3.6.2. *Summary data: 6/4/2012-12/2/2012*

- 466 students completed it
- 67 students were "in progress"
- 541 total number of undergraduate students admitted fall 2012
- 86.13% completion rate

1.1.2.4. **International Programs.**

1.1.2.4.1. **Study Abroad Orientation.** The Study Abroad Orientation is conducted for all students going abroad: Academic Year, Semester, Summer and Short-term. All students are required to know the alcohol and drug laws pertaining to the country in which they are studying. In the majority of countries in which students are studying, they are of legal drinking age. "Soft" drugs may or may not be illegal. In all cases, students are encouraged to think very carefully about the choices they make when it comes to alcohol/drug use and the dangers they may find themselves in should they indulge. Students are also made aware that if they are sent home because of alcohol/drug use, they will be charged for violating University policy and fail their study abroad courses.

1.1.2.4.2. **International Student Orientation.** All international students must attend International Student Orientation. They are made aware that the legal drinking age in the United States is 21 and being caught drinking underage or providing alcohol to those under 21 is strictly prohibited. Students also understand that getting caught in these situations could result in a university judicial hearing. Should they get caught by local law enforcement this could have serious affects on their immigration/visa status.

1.1.2.5. **Safety and Security.** 360 Stay Safe Program: Hamline participates in this national program designed for universities, colleges, community colleges, and transitioning high school seniors to create a safe and healthy campus community. The self-paced program, Building Community, is a video-based training program is used with faculty, staff and students.

1.1.3. **Alcohol Free Events.** Multiple units of Hamline University work collaboratively to provide Alcohol Free program. These events can range from social events purposefully scheduled during high risk drinking time frames of nights and weekend, to educational programs which help inform students about healthy drinking habits and safety, information on policies and procedures, and speakers. In this section of the report, we highlight some examples of these events through offices such as Residence Life, New Student orientation, Counseling and Health, and others dedicated to creating a self and healthy environment on Hamline's campus.

1.1.4. **Surveys and Studies**

1.1.4.1. **National College Health Assessment.** The ACHA-NCHA is a national research survey organized by American College Health Association (ACHA) to assist college health service providers, health educators, counselors, and administrators in collecting data about their students' habits, behaviors, and perceptions on the most prevalent health topics. Hamline University collected data from 466 students in 2011 (24.6% of the student body). The results of this survey can be found in Addendum A.

Summary: ACHA data shows that the Hamline University undergraduate population generally lines up with the national population. There are a few notable results, which are summarized here and presented in the tables below. The numbers for Hamline Undergraduate hookah use are notably higher than the national in the 1-2 and 3-5 days per 30 days use. This could be due to there being several hookah bars in the local area. Hamline Law stands out in the use of alcohol. Numbers are notably higher for alcohol use in

all categories except for 6-9 days use per 30 days, where the number is below the national. Numbers are consistently higher for alcohol use within the Hamline Law population. While the numbers for alcohol use are higher with the Hamline Law population, the data suggests that students are making smarter drinking decisions such as alternating non-alcoholic and alcoholic drinks and avoiding drinking games. In addition, numbers pertaining to alcohol are consistently lower for the Hamline undergraduate population. The Hamline undergraduate population reported higher rates than the national in physical injury to self and others while drinking alcohol as well as serious consideration of suicide. Rates of stimulant (e.g., Ritalin, Adderall) use for the Hamline undergraduate population was reported as higher than the national by about 3%. Please see Addendum A for question-specific data.

1.2. Implementation of Previous Recommendations

1.2.1. **Recommendation:** That all AOD policies along with this report be posted and available on one accessible website.

- Alcohol and Drug policies were included in the overall policies of the university as well as the Drug Free Schools and Communities act. This was assigned to Marketing area for changes in website. No new website that is inclusive of all alcohol and drug information including the annual review was created. It is still difficult to find policies and the posting of the review does not exist. It is only said to be available through the Dean of Students office.

1.2.2. **Recommendation:** That Hamline distribute a letter which contains the standards of conduct, legal sanctions, health risks and treatment options to each new employee in hard copy form.

- This is not done in hard copy form. Much of this information is in the Drug Free Schools and Communities Act letter sent electronically by email annually to employees. Some of the information about health risks and treatment options are available through employee assistance information (EAR). This information is said to be included in employee handbook which was to be under review. This has been recommended in the last 2 biennial reviews.

1.2.3. **Recommendation:** That Hamline require new employees to sign an acknowledgement that they have been provided a copy of Hamline's policies, procedures and prevention programs information.

- This recommendation was approved by the Risk Management committee and a letter sent to HR to do so. To date this is still not done.

1.2.4. **Recommendation:** That Human Resources and the Dean of Student Office coordinate their AOD policy guides to ensure that the same of comparable information is distributed to students and employees.

- The two offices met to go over the letters to all faculty, staff and students and the two were basically the same and thus this recommendation was met.

1.2.5. **Recommendation:** That all Hamline departments engaged in AOD policy and education efforts provide ongoing documentation to the AOD compliance committee for inclusion in future biennial reviews.

- This was sent back to committee as it was unclear which Hamline departments needed to report this information, what information was needed and how to do this task.
- 1.2.6. **Recommendation:** That Hamline create an amnesty policy to encourage students to report dangerous behaviors.
- This was completed in 2011 by Safety and Security and is posted as part of university policies.
- 1.2.7. **Recommendation:** That the university maintain its records regarding drug and alcohol related incidents in such a manner to comply with the recently reauthorized Higher Education Opportunity Act .20.U.S.C. 1011i(a).
- This was meant to change how we maintain records to make the biennial report easier. These records are kept and Safety and Security has redone how they maintain Clery reports and Residential Life also has changed how they keep such records in an electronic fashion. Although this can be improved, this recommendation has been met.
- 1.2.8. **Recommendation:** That Hamline University create a university AOD Compliance Committee charged with the task of evaluating and assessing the effectiveness of Hamline's AOD prevention program.
- This committee has been formed every two years for the purpose of completing the biennial review.

1.3. Consistency of Enforcement of Disciplinary Sections

- 1.3.1. **Sanctions.** In 2010, 92 students were held accountable for their alcohol and drug violations and in 2011, there were 78 students who were held accountable.
- 1.3.1.1. **Alcohol.** If students are found responsible for violating the alcohol policy sanctioning occurs with a monetary fine and educational portion. Students who violate the alcohol policy for the first time are sanctioned a fine of \$150, given a formal warning, and some educational sanction that may include a reflection paper or restorative piece. A second violation incurs a \$300 fine and community service and an alcohol assessment may be required, a 3rd violation incurs a \$600 fine and the student is placed on probation and parents are notified. Any further violations are sent to a conduct board for adjudication.
- 1.3.1.2. **Drugs.** If a student is found responsible for violating the drug policy sanctioning occurs with a monetary fine and educational portion. Students who violate the drug policy are placed on probation, parental notification, and a fine. A referral for a drug assessment may be required. Students who continue to violate the drug policy are sent to a conduct board.
- 1.3.2. **On Campus Enforcement.** Resident advisors and area coordinators are the live in staff that are trained in confronting policy violations. They confront any suspicion of alcohol or drug violations. If it is noticeable that a student is intoxicated the staff will have a conversation with the student regardless of age. Staff documented all incidents and conduct follow-up.
- 1.3.3. **Data.**

Student Conduct Violations

Alcohol and other drugs	# of Violations	# of Individuals Charged with Violations
2010	169	92
2011	165	78

Safety and Security Annual Reports on Alcohol and Drug Violations (reported October 2011)

2010	Hamline	Augsburg	Univ. of St. Thomas	Gustavus Adolphus	National
Alcohol Violations	11.5/1000	26.1/1000	32.8/1000	79.7/1000	20/1000
(Actual numbers)	54 discipline referrals, 2 arrests	101 discipline referrals, 1 arrest	336 discipline referrals, 9 arrests	145 discipline referrals, 56 arrests	
Drug Violations	2.88/1000	32/1000	7.4/1000	23/1000	6.48/1000
(Actual numbers)	14 discipline referrals, 2 arrests	125 discipline referrals, 0 arrests	58 discipline referrals, 3 arrests	51 discipline referrals, 7 arrests	

Safety and Security Annual Reports on Alcohol and Drug Violations (reported October 2012)

2011	Hamline	Augsburg	Univ. of St. Thomas	Gustavus Adolphus	National
Alcohol Violations	20.5/1000	39.7/1000	35.1/1000	83.1/1000	19.3/1000
(Actual numbers)	92 discipline referrals, 4 arrests	137 discipline referrals, 8 arrests	339 discipline referrals, 23 arrests	151 discipline referrals, 59 arrests	
Drug Violations	2.88/1000	25.24/1000	7.4/1000	19.7/1000	6.8/1000
(Actual numbers)	15 discipline referrals, 1 arrest	92 discipline referrals, 0 arrests	66 discipline referrals, 11 arrests	50 discipline referrals, 0 arrests	

1.4. **Effectiveness of Prevention Efforts.** For students who were charged with alcohol and drug violations, both the number of incidents and the number of people being charged declined between 2010 and 2011. We used My Student Body education modules to raise students' knowledge and awareness of the impact of alcohol and drugs on their lives. Any student known to be involved in an alcohol or drug incident had individual meetings with staff to discuss their actions, outcomes and needed sanctions, many of

which focused on education. We also have increased our contacts with the local police and the neighborhood residents, creating positive community relationships.

2. **Recommended Changes**

- 2.1. **Recommendation:** Appoint an Alcohol and Drug Prevention Coordinator
- 2.2. **Recommendation:** Establish process to certify distribution of annual written notice to students and employees
- 2.3. **Recommendation:** Establish a consistent biennial review schedule
- 2.4. **Recommendation:** Establish a task force to examine current efforts and recommend any changes or additional activities to promote a drug and alcohol abuse free campus

Addendum A

ACHA Results, Fall 2011 (Drug & Alcohol Content)
Hamline University

Summary: ACHA data shows that the Hamline University undergraduate population generally lines up with the national population. There are a few notable results, which are summarized here and presented in the tables below. The numbers for Hamline Undergraduate hookah use are notably higher than the national in the 1-2 and 3-5 days per 30 days use. This could be due to there being several hookah bars in the local area. Hamline Law stands out in the use of alcohol. Numbers are notably higher for alcohol use in all categories except for 6-9 days use per 30 days, where the number is below the national. Numbers are consistently higher for alcohol use within the Hamline Law population. While the numbers for alcohol use are higher with the Hamline Law population, the data suggests that students are making smarter drinking decisions such as alternating non-alcoholic and alcoholic drinks and avoiding drinking games. In addition, numbers pertaining to alcohol are consistently lower for the Hamline undergraduate population. The Hamline undergraduate population reported higher rates than the national in physical injury to self and others while drinking alcohol as well as serious consideration of suicide. Rates of stimulant (e.g., Ritalin, Adderall) use for the Hamline undergraduate population was reported as higher than the national by about 3%.

8A2. Within the last thirty days, on how many days did you use: Tobacco from a water pipe (hookah)?

	Hamline UG	Hamline Law	National
Never used	62.8	75.7	70.3
Have used, but not in last 30	24.2	22.1	21.8
1-2 days	9.5	2.2	5.1
3-5 days	2.8	0	1.4
6-9 days	.4	0	.5
10-19 days	0	0	.4
20-29 days	0	0	.3
Used daily	.2	0	.2

8A5. Within the last thirty days, on how many days did you use: Alcohol (beer, wine, liquor)?

	Hamline UG	Hamline Law	National
Never used	25.9	7.4	24
Have used, but not in last 30	15	9.6	13.9
1-2 days	18.7	22.1	17.2
3-5 days	18.5	25.7	16.3
6-9 days	11.8	13.2	14.5
10-19 days	8.3	14.7	10.5
20-29 days	1.5	4.4	2.7
Used daily	.2	2.9	.9

8A6. Within the last thirty days, on how many days did you use: Marijuana (pot, weed, hashish, hash oil)?

	Hamline UG	Hamline Law	National
Never used	63.2	70.4	66.6
Have used, but not in last 30	21.2	25.2	19.1
1-2 days	5.2	1.5	5.2
3-5 days	2.8	1.5	2.4
6-9 days	1.3	.7	1.6
10-19 days	2.6	.7	1.8
20-29 days	1.9	0	1.4
Used daily	1.7	0	1.9

8A9. Within the last thirty days, on how many days did you use: Other amphetamines (diet pills, bennies)?

	Hamline UG	Hamline Law	National
Never used	94.2	97.1	94.1
Have used, but not in last 30	2.6	1.5	3.9
1-2 days	.9	.7	.6
3-5 days	.4	0	.4
6-9 days	.2	0	.2
10-19 days	.9	0	.2
20-29 days	.2	0	.2
Used daily	.6	.7	.4

10. The last time you "partied"/socialized, how many alcoholic drinks did you have?

	Hamline UG	Hamline Law	National
0	34.7	12.7	31.4
1-2	17.9	35.8	20.6
3-4	19.4	24.6	20.4
5-6	13.6	11.2	13.4
7-8	6.5	6.7	6.5
9-10	5.6	3	3.9
11-12	.6	2.2	1.6
13-14	.2	.7	.5
15-16	1.1	2.2	.9
GE 17	.4	.7	.8

11. The last time you "partied"/socialized, how many hours did you drink alcohol?

	Hamline UG	Hamline Law	National
0	35.4	12.5	31.7
1-2	12.8	15.4	16.6
3-4	28.9	39.7	29.4
5-6	16.3	22.1	17.6

7-8	5.9	5.9	3.4
9-10	.4	2.9	.7
11-12	.2	.7	.4
13-14	0	0	.1
15-16	0	0	.1
GE 17	0	.7	.1

13. Over the last two weeks, how many times have you had five or more drinks of alcohol at a sitting?

	Hamline UG	Hamline Law	National
N/A, Don't Drink	26.9	8.8	25.7
None	44.9	64.7	42.9
1 time	14.3	12.5	13.8
2 times	6.9	6.6	7.5
3 times	2	4.4	4
4 times	3	2.2	2.9
5 times	1.3	.7	1.4
6 times	.2	0	.8
7 times	0	0	.4
8 times	.2	0	.2
9 times	0	0	.1
10 or more times	.2	0	.3

14A. Within the last thirty days, did you: Drive after drinking any alcohol at all?

	Hamline UG	Hamline Law	National
N/A/Don't drive	16.4	3.7	12.9
N/A/Don't drive	25.3	8.9	23.5
No	43.8	48.9	47.3
Yes	14.5	38.5	16.2

14B. Within the last thirty days, did you: Drive after having 5 or more drinks?

	Hamline UG	Hamline Law	National
N/A/Don't drive	16.4	3.7	13.1
N/A/Don't drive	25.7	9.6	23.8
No	56.4	85.2	61.4
Yes	1.5	1.5	1.7

15A. During the last 12 months, when you "partied"/socialized, how often did you:

Alternate non-alcoholic with alcoholic beverages?

	Hamline UG	Hamline Law	National
N/A/Don't drink	29.4	8.8	27.3
Never	13	14	13.7
Rarely	12.1	16.2	13.9
Sometimes	19.2	28.7	22.1

Most of the time	17.5	22.8	15.4
Always	8.9	9.6	7.7

15B. During the last 12 months, when you "partied"/socialized, how often did you:

Avoid drinking games?

	Hamline UG	Hamline Law	National
N/A/Don't drink	27.1	9.6	25.7
Never	11.9	4.4	12.2
Rarely	15.6	14.8	15
Sometimes	15.6	17.8	15.8
Most of the time	14.5	28.1	14.1
Always	15.4	25.2	17.2

15E. During the last 12 months, when you "partied"/socialized, how often did you:

Eat before and/or during drinking?

	Hamline UG	Hamline Law	National
N/A/Don't drink	28.8	8.9	26.9
Never	1.1	1.5	1.5
Rarely	1.3	1.5	2.2
Sometimes	13.4	13.3	12
Most of the time	27.9	45.9	29.5
Always	27.5	28.9	28

15G. During the last 12 months, when you "partied"/socialized, how often did you:

Keep track of how many drinks you were having?

	Hamline UG	Hamline Law	National
N/A/Don't drink	29.5	9.6	27.1
Never	3.7	2.9	4.9
Rarely	7.8	8.8	6.8
Sometimes	12.1	16.2	11.5
Most of the time	17.8	28.7	19
Always	29.1	33.8	30.7

16A. Within the last 12 months, have you experienced any of the following when drinking alcohol:

Did something you later regretted?

	Hamline UG	Hamline Law	National
N/A/Don't drink	29.7	8.8	26.8
No	47.8	58.1	48.6
Yes	22.5	33.1	24.7

16F. Within the last 12 months, have you experienced any of the following when drinking alcohol:

Had unprotected sex?

	Hamline UG	Hamline Law	National
N/A/Don't drink	29.5	8.8	26.8
No	54.2	69.6	60.1
Yes	16.3	21.3	13.2

16G. Within the last 12 months, have you experienced any of the following when drinking alcohol:

Physically injured yourself?

	Hamline UG	Hamline Law	National
N/A/Don't drink	29.6	8.8	26.8
No	57	82.4	62.7
Yes	13.5	8.8	10.5

16H. Within the last 12 months, have you experienced any of the following when drinking alcohol:

Physically injured another person?

	Hamline UG	Hamline Law	National
N/A/Don't drink	29.5	8.8	26.8
No	68.1	90.4	71.7
Yes	2.4	.7	1.5

16I. Within the last 12 months, have you experienced any of the following when drinking alcohol:

Seriously considered suicide?

	Hamline UG	Hamline Law	National
N/A/Don't drink	29.4	8.9	26.8
No	67.3	91.1	71.8
Yes	3.3	0	1.4

18E. Within the last 12 months, have you taken any of the following prescription drugs that were not prescribed to you:

Stimulants (e.g., Ritalin, Adderall)?

	Hamline UG	Hamline Law	National
No	90.7	97.8	93.5
Yes	9.3	2.2	6.5