

SOPHOMORE YEAR CAREER DEVELOPMENT

Begin to develop focus by choosing a major. Find ways to gain hands-on experience as you explore and test drive possible interests and careers. Remember, just because you are making tentative choices does not mean you cannot alter your path at a later date.



CHECKLIST

Explore your interests:

- Meet with a career counselor to continue your career planning process and to brainstorm ideas for further exploration.
- Attend CDC programs, workshops, employer presentations, and career fairs.
- Learn to articulate your skills and experiences so you can effectively market yourself to employers.
- Conduct informational interviews with professionals currently working in fields of interest to you. Consult with the CDC for alumni contacts or other resources.
- Continue to develop strong relationships with your professors.
- Take on leadership responsibilities in student organizations. Employers like to see students who take the lead.
- Consider study abroad as an opportunity to explore the world, gain international experience, and develop an enhanced sense of self. Discuss how it might impact your academic plans with your academic advisor and a study abroad advisor.
- Test out your career interests and build experience: find an internship, summer job, or volunteer position related to your major or career interests that can provide useful experience and transferable skills for your post-Hamline life.
- Continue to update your résumé as you add new experiences and begin to formulate cover letters for specific internships and jobs.
- Declare a major by the end of your sophomore year.

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**READY FOR THE NEXT STEP?
STOP BY THE CAREER
DEVELOPMENT CENTER (CDC)**

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