

FIRST YEAR CAREER DEVELOPMENT

Get acquainted with college life, establish solid academic skills, and begin exploring majors and careers of interest to you. Take a variety of classes and consider many different career options. Exploration is what the Hamline experience is all about.



CHECKLIST

Discover your major and career interests:

- Schedule an appointment with a career counselor to identify your interests, skills, and values and discuss how they might inform your academic and career plans.
- Take a self-assessment inventory (SuperStrong, Strong, MBTI) to learn more about how your personality and interests connect to possible career paths.
- Identify 5 to 10 majors/careers that match your interests, skills, and values and start researching them through the CDC website or library.
- Get to know Hamline professors by scheduling meetings to learn about their courses, majors, and why they love their programs.
- Build on your skills and interests by getting involved in campus and community activities such as student groups and volunteering.
- Develop a rough draft of a résumé—and remember: résumés are always works in progress.
- Use informational interviews and other CDC resources to learn about the fields that interest you.
- Consider finding an internship or summer job that relates to your major or career interests. Start by talking with a career counselor and setting up your Hamline Career Link account to explore postings.

hamline.edu/cdc



**HAMLIN
UNIVERSITY**

**READY FOR THE NEXT STEP?
STOP BY THE CAREER
DEVELOPMENT CENTER (CDC)**

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