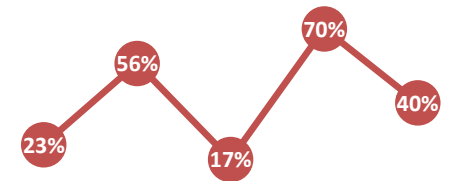




The Monthly Stat

Brought to you by the Office of Institutional Effectiveness

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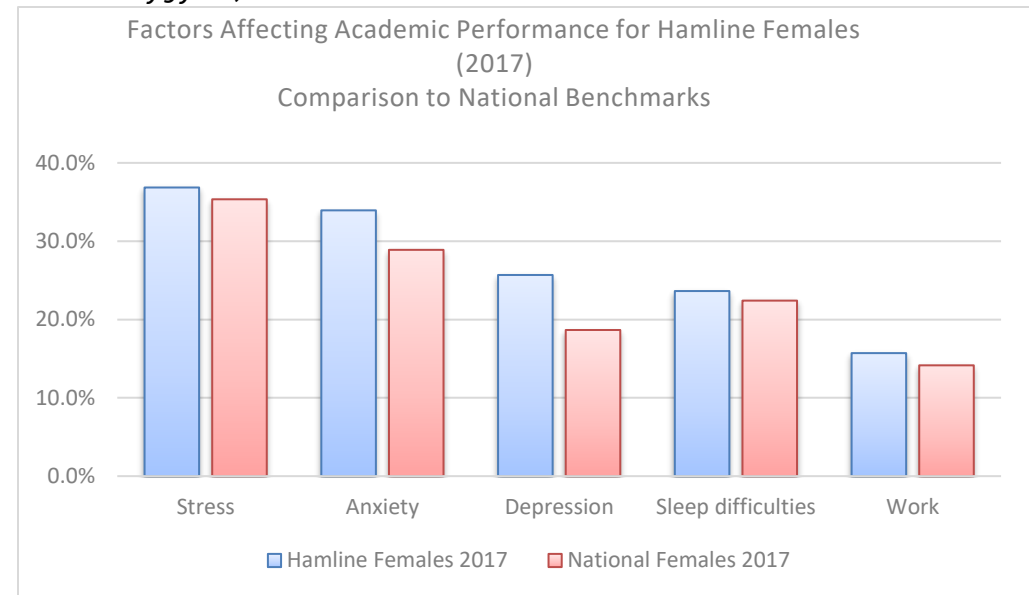
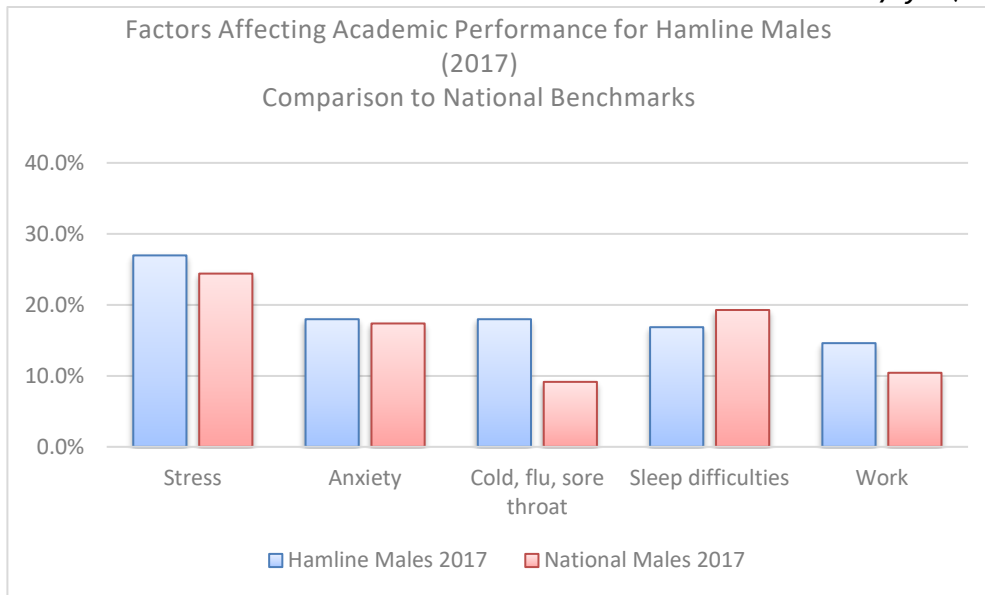
JANUARY 2020



National College Health Assessment Survey



2017 cycle (data collected every 3 years)



For both females and males, anxiety, sleep difficulties, stress and work were among the conditions most likely to impair academic performance. Stress was the most commonly reported factor for both males and females. Anxiety increased in 2017 for females, but saw an almost 10% decrease for males. Sleep difficulties, stress, and work were reported slightly higher for females in 2017, and while males also indicated that these factors were the leading causes affecting academic performance, the percentage points had decreased since 2014 for all factors.

Female respondents reported a 10% increase for depression for 2017, while males had an increase of about 12% in cold, flu and sore throat.

Where's Bishop Leo?

