

Lauren Ness-Schrupp 2025-2026 RA

Hello, I will be your RA this upcoming school year! I am going to be a sophomore. I am from Apple Valley, MN. I am double majoring in Anthropology and Environment and Climate studies (everyone should take at least one anthropology class, and I am totally not biased). When I grow up I just want to become an archaeologist but don't tell my global studie professors. This school year I will be participating in many fun anthro projects (you should check out the anthropology Instagram page @hamlineanthropology).



I love music and play a few instruments. Guitar is my favorite, but the banjo and harmonica tie for second. Feel free to stop by and check them out during your free time! I also love animals. I have two cats and a dog. They are the love of my life!

When I first came to Hamline I was terrified to be away from home but within a few days, I found amazing friends, and hope you do as well. My one piece of advice is to take time to do the things you care about. School and homework can get stressful, so taking breaks and destressing is important. I can not wait to meet you and get to know you over the school year. I hope you have an amazing year and can not wait to watch you all grow as time progresses!!



If you couldn't already tell my favorite color is green and I love plants and mushrooms. They are just so cute (not the drug!!! Remember, Hamline is a drug-free campus). I have lots of plant babies! My current obsession is men's fashion from the 70s. Something about eccentric fur coats and straight-leg corduroy pants just brings me joy.



If you want to contact me and introduce yourself or if you have any questions you can DM me on Instagram at @lauren_ness_schrupp. I will try to respond timely but you might have to send more than one message if I don't respond within 48 hours.

GOOD THINGS TO BRING

- fans (it gets super warm)
- cleaning supplies
- shower shoes (it's a must)
- twin LX mattress pad
- power strip with a surge protector
- trash can (recycling bin is provided)
- kettle (great for ramen)

DO NOT BRING

- non-LED lights
- microwave or fridge (already provided)
- pets (unless they are ESA's or fish)
- air conditioner
- candles (heartbreaking)
- incense
- drugs or alcohol



I am a cancer if you are interested in that sort of thing. When and doubt you will find my walls covered in posters. Some might call me a maximalist but I believe that life is more fun when there are more things to look at!

