

Full name: \_\_\_\_\_ Hamline ID: \_\_\_\_\_ Phone #: \_\_\_\_\_

Anticipated graduation date (such as: May, 2023) \_\_\_\_\_

| DEPT   | COURSE | TITLE                                 | GRADE | CREDITS | TERM/<br>YEAR | SUBSTITUTE COURSE* | BREADTH OF<br>STUDY*** |
|--|--------|---------------------------------------|-------|---------|---------------|--------------------|------------------------|
| <b>Foundation courses:</b>   |        |                                       |       |         |               |                    |                        |
| BIOL   | 1510   | Integrated Concepts in Biology I      |       | 4       |               |                    | no                     |
| BIOL   | 1520   | Integrated Concepts in Biology II     |       | 4       |               |                    | no                     |
| EXSC   | 3210   | Human Anatomy & Physiology I          |       | 4       |               |                    | no                     |
| EXSC   | 3220   | Human Anatomy & Physiology II         |       | 4       |               |                    | no                     |
| EXSC   | 3400   | Biomechanics & Kinesiology            |       | 4       |               |                    | no                     |
| EXSC   | 3510   | Exercise Physiology                   |       | 4       |               |                    | no                     |
| EXSC   | 5961   | Exercise Science Seminar I            |       | 1       |               |                    | no                     |
| EXSC   | 5962   | Exercise Science Seminar II           |       | 1       |               |                    | no                     |
| EXSC   | 5963   | Exercise Science Seminar III          |       | 1       |               |                    | no                     |
| EXSC   | 5964   | Exercise Science Seminar Presentation |       | 1       |               |                    | no                     |
| EXSC   | 5950   | Senior Capstone                       |       | 4       |               |                    | no                     |
| <b>Internship or research experience:</b>  |        |                                       |       |         |               |                    |                        |
| EXSC   | 3990   | Internship                            |       | varies  |               |                    | no                     |
| EXSC   | 4010   | Collaborative Research                |       | varies  |               |                    | no                     |
| EXSC   | 5010   | Departmental Honors                   |       | 6       |               |                    | no                     |
| <b>Supporting courses:</b>   |        |                                       |       |         |               |                    |                        |
| <b>One course in statistics</b>  |        |                                       |       |         |               |                    |                        |
| MATH   | 1200   | Statistics                            |       | 4       |               |                    | yes                    |
| QMBE   | 1310   | Statistics                            |       | 4       |               |                    | yes                    |
| <b>One course in chemistry</b>   |        |                                       |       |         |               |                    |                        |
| CHEM   | 1130   | General Chemistry I                   |       | 4       |               |                    | yes                    |
| CHEM   | 1140   | General Chemistry II                  |       | 4       |               |                    | yes                    |
| <b>One course in physics</b>   |        |                                       |       |         |               |                    |                        |
| PHYS   | 1150   | Algebra-based Physics I               |       | 4       |               |                    | yes                    |
| PHYS   | 1160   | Algebra-based Physics II              |       | 4       |               |                    | yes                    |
| PHYS   | 1230   | General Physics I                     |       | 4       |               |                    | yes                    |
| PHYS   | 1240   | General Physics II                    |       | 4       |               |                    | yes                    |
| <b>Four elective courses from the list below (or others with program director approval):</b> |        |                                       |       |         |               |                    |                        |
| BIOL   | 3050   | Principles of Genetics                |       | 4       |               |                    | yes                    |
| BIOL   | 3060   | Principles of Cell Biology            |       | 4       |               |                    | yes                    |
| EXSC   | 3010   | Motor Control & Learning              |       | 4       |               |                    | no                     |
| EXSC   | 5510   | Advanced Exercise Physiology          |       | 4       |               |                    | no                     |
| MATH   | 1170   | Calculus I                            |       | 4       |               |                    | yes                    |
| INDI   | 2220   | Medical Terminology (St. Kates)       |       |         |               |                    | yes                    |
|  |        |                                       |       |         |               |                    |                        |
|  |        |                                       |       |         |               |                    |                        |
| <b>Writing intensive course in the major:</b>  |        |                                       |       |         |               |                    |                        |
|  |        |                                       |       |         |               |                    |                        |

\*Department approval is required for transfer courses or other substitutions. Courses used as substitutions must be initialed by Department Chair.

\*\*In order to graduate, you must have at least 48 Breadth of Study credits (credits outside your major department). See above for courses in your major that also count toward Breadth of Study.

 Student signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 (required)

 Exercise science advisor signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 (required)

 Department chair/director signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 (required for course substitutions and waivers)