

Full name: \_\_\_\_\_ Hamline ID: \_\_\_\_\_ Phone #: \_\_\_\_\_

Anticipated graduation date (such as: May, 2016) \_\_\_\_\_

**60 SEMESTER CREDITS FOR MAJOR**

**28 core credits from the professional health and physical education curriculums:**

(Exercise & Sports Science majors commonly take the following ACTC courses toward their core: BIOL 2510-Human Anatomy (St. Catherine), BIOL 2520-Human Physiology (St. Catherine), EXSS 3350-Kinesiology & Biomechanics (St. Catherine), FSNU 3000-Nutrition (St. Catherine), INDI 2220-Medical Terminology (St. Catherine), PHED 432-Advanced Exercise Physiology (St. Thomas), PHED 433-Exercise in Special Populations (St. Thomas))

DEPT	COURSE	TITLE	GRADE	CREDITS	TERM/ YEAR	SUBSTITUTE COURSE*	BREADTH OF STUDY CREDITS**
							no
							no
							no
							no
							no
							no
							no
							no
							no
							no

**One course in statistics:**

ECON	1330	Statistics		4			yes
MATH	1200	Statistics and Data Analysis					
PSY	1340	Statistics for the Behavioral Sciences					

**4-credit internship:**

ESS/PHED	3990	Internship		4			no
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**Senior seminar:**

PHED	5950	Senior Seminar		4			no
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**At least 20 credits in an area of concentration (may be a regularly-offered minor or cluster of courses linked to the core):**

							yes-if not ESS, HLTH, or PHED
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							yes-if not ESS, HLTH, or PHED
							yes-if not ESS, HLTH, or PHED
							yes-if not ESS, HLTH, or PHED
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							yes-if not ESS, HLTH, or PHED
							yes-if not ESS, HLTH, or PHED

**Writing intensive course in the major:**

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\*Department approval is required for transfer courses or other substitutions. Approval must be initialed in the Department Approval column.  
 \*\*In order to graduate, you must have at least 76 Breadth of Study credits (credits outside your major department). See above for courses in your major that also count toward Breadth of Study.

Student signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 (required)  
 Exercise & sports science advisor signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 (required)  
 Department chair/director signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 (required for course substitutions and waivers)