

## Alcohol, Drug, and Tobacco Use of Twin Cities College Students

In the Spring of 2005, Hamline and 16 other local post-secondary schools participated in a student survey on alcohol, tobacco, and drug use. Dr. Edward Ehlinger, Medical Director of Boynton Health Service at the University of Minnesota, administered the study. **The information which follows is aggregate data for these Twin Cities area colleges**, as presented by Barb Bester and Hussein Rajput at the February Parents Council meeting.

The mean age of students responding was 22.4 years. 60% of the respondents were female, 34% were male, and 6% didn't answer the question. 85-87% of the respondents were Caucasian, depending on the type of school attended (4 year public college, two-year college, or 4 year private college).

### **Tobacco Use among 18-24 year olds**

30% of students surveyed currently use tobacco.

8% of students smoke on a daily basis.

58% of the students currently using tobacco don't consider themselves as smokers.

75% of students who currently smoke started smoking before age 18.

### **Alcohol Use in the Past 30 Days**

Age	Males	Females
18-24	72%	70%

### **High Risk Drinking (5 or more drinks in one setting) within the Past 2 Weeks**

Age	Males	Females
18-24	49%	38%

The mean blood alcohol content at the most recent party attended by 18-24 year olds was .10. For students 25 and older, it was .06 for men and .07 for women. This was calculated by asking the students their weight and the number of drinks consumed. Obviously, the more someone drinks, the harder it is to estimate but these data give a rough idea of what is happening. The peak years for high risk drinking are ages 21-24.

Approximately 25% of the students who engaged in high risk drinking said they had experienced negative consequences such as sexual assault, injury, charged with driving under the influence of alcohol, getting into a fight, or missing classes.

### **Survey Findings**

There is a strong relationship between tobacco and alcohol use. 70% of the smokers engaged in high risk drinking. 37% of tobacco users also used marijuana, and 17% of tobacco users also used drugs other than marijuana.

Where students socialize is linked to use of tobacco and their exposure to second hand smoke. Students are not allowed to smoke in campus buildings. Students smoke more when they are off campus at private parties, bars, or their work site.

Many of these problems didn't originate on campus. During Welcome Week incoming Hamline students fill out a questionnaire that asks about their behavior in the past year. In September 2004, 9% of the incoming students said they had smoked cigarettes, 64% had drunk wine or liquor, 34% had felt overwhelmed by all

that they had to do, and 12% had felt depressed. The numbers don't change much from year to year. Students arrive with prior usage.

Discussion following the presentation, lead by Patti Klein, Director of Residential Life, focused on how parents, staff, and students can work together to address the problems. The staff uses a harm reduction philosophy, focusing on improvement rather than punitive measures. For example, if students are drinking together and one ends up needing emergency medical attention, the objective needs to be on getting help rather than avoiding getting into trouble. Interventions with moderate drinkers are very different than with heavy drinkers. Steps in the right direction are recognized.

At Hamline, first time alcohol or drug offenders enter the Hamline judicial process. They meet with the Hall Director, and depending on the situation, a number of things might happen. They could be given a warning and an educational sanction such as researching a particular topic, meeting with a counselor, or planning a program for the students on their floor.

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Dr. Hussein Rajput,  
Associate Director for  
Counseling and Health  
Services

### **Marijuana Use in Past 30 Days**

Age	Males	Females
18-24	19%	14%

### **Use of Other Drugs (excluding marijuana) in Past 12 Months**

10% of the students age 18+ used other drugs



Barb Bester, *Interim  
Director for Counseling  
and Health Services*

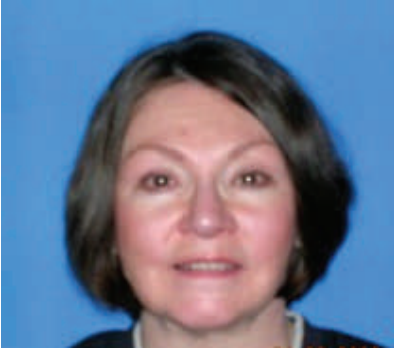
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### **MUMPS Alert Update**

[www.hamline.edu/chs](http://www.hamline.edu/chs)

# Safety and Security On Campus



Shirleen Hoffman,  
Director of Safety and Security at Hamline

Shirleen Hoffman, Director of Safety and Security at Hamline, served for 24 years in the Minneapolis Police before retiring as a Lieutenant.

Her career encompasses a series of firsts for women. She was one of the first women in the police department to patrol in a police car, the first woman sergeant, the first woman lieutenant, the first woman to work homicide, and the first woman to command the Emergency Response Unit (Special Weapons and Tactics or SWAT team).

She started out as a street cop and then worked for eight years in sex crimes, robbery, and homicide. She spent two years working in community policing which involved problem solving in dangerous neighborhoods. After that, she was an officer on the SWAT team working on the chemical munitions team (these are the folks who lob the tear gas) and also as a hostage negotiator. After that she became the SWAT team commander. This is usually a two year post, but she held it for four years. From there she became the supervisor of detectives. She was mentored by John Laux, former Chief of Police.

After Lt. Hoffman retired, she took a year off and traveled extensively. Then she served for a short time as the overnight Homeland Security Supervisor at the Minneapolis-

Saint Paul Airport where she worked until someone encouraged her to apply for the Safety and Security position at Hamline.

She has thoroughly enjoyed her first two years at Hamline, finding the work challenging and enjoyable. She thinks the students, staff, and faculty are fabulous.

Director Hoffman was asked how her office gets involved whenever issues arise regarding alcohol or drug use on campus. She works very closely with Residential Life staff since they have so many overlapping areas of responsibility. She said that alcohol or drug abuse impacts not only the student involved but also many other students. It is distracting and gives the wrong message about the culture of Hamline. It is not acceptable and it is not tolerated.

Her office has responsibility for the investigation piece. They are called in when Residential Life staff needs support. For example, if a situation is unruly, Safety and Security would be called in to check the identity of people in the room and determine who doesn't belong there and escort outsiders off the premises. If drugs are involved, they may be asked to conduct an investigation and, if appropriate, file a report with the Saint Paul Police.

If someone needed emergency medical attention, they would call for an ambulance. If they need to do a search of a room, they try to get the students who live in the room there first, unless it is an emergency situation.

Safety and Security officers never go into the dorm rooms without a Residential Life staff escort. The officers do

not patrol dorm hallways out of respect for the privacy of residents. They rely on others to call them if problems arise in the dorms.

Director Hoffman recently participated in three residence hall town meetings, along with Patti Klein, and staff from facilities and food services. The agenda included discussion of alcohol, tobacco, and drug use on campus. Two of the three meetings were well attended.

Students are encouraged to report situations involving inappropriate use of alcohol or any drug use. She said that it is important to have the right culture at Hamline and that the efforts must be ongoing. The staff is firmly committed to making changes in the culture. The worst problems regarding drinking occur at the beginning of the academic year when incoming students are testing their newfound freedom.

Things settle down after awhile, and then drinking and loud parties increase again as the end of the school year approaches.

## Keeping Campus Safe

Safety and Security officers are very aggressive with any suspicious behavior. They approach and ask for identification. The officers move people off of campus who have no business on campus.

The officers have a great deal of responsibility. They ask for identification when necessary, provide after hours access to buildings, deal with fire alarms, provide escort service, give jump starts to student vehicles, patrol campus, and get to know who people are. The focus is on crime prevention rather than mopping up afterwards. The office has recently had three positions added to their budget so new officers are being hired.

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## Things To Know

### ASK THE DEAN

Parents are encouraged to send their questions to the University Dean of Students, Alan Sickbert, [asickbert01@gw.hamline.edu](mailto:asickbert01@gw.hamline.edu)

### ORACLE Online

The Oracle is the Hamline University College of Liberal Arts weekly student newspaper, published on Tuesdays. You can read this online at [www.hamline.edu/oracle](http://www.hamline.edu/oracle)

### Confronting the Myths and Dealing With the Realities of Diversity and Multiculturalism on Campus

**Speaker: Mark Chesler** Thursday, April 27, 11:20 a.m. Location: Sundin Music Hall

### Perspectives on Multiracial Identity: A Reflection on Racial Identity Models and How They Influence Our Understanding of Race, Identity and the Experience of Multiracial People

**Speaker: Dr. Charmaine Wijeyesinghe,** Tuesday, April 18, 11:30 a.m. Klas Center, Kay Fredericks Room

### College of Liberal Arts Honors Day 2006

A day-long celebration of learning and scholarship including a formal academic awards ceremony, luncheon, and scholarship. Contact: Tracy Sparby at 651-523-2216

## Parents Calendar

### PRESIDENT'S RECEPTION

Monday, April 24  
4 -5:30 p.m.

At the home of President Hanson  
RSVP to  
Dean of Students Office  
651-523-2421

### 2006 - 2007 PLANNING WORKSHOP

Monday, April 24  
6 p.m. in Sorin Lobby Room

### College of Liberal Arts COMMENCEMENT

Saturday, May 20  
11 a.m., Old Main Mall

# Alcohol, Drug, and Tobacco Use of Twin Cities College Students

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The student helps choose a sanction that would be helpful in addressing the problem. The student might also be placed on residential probation which means that they have been given notice that they could be removed from the residence hall if they have another violation within a specified time period. The student could also be restricted from certain buildings. When a student is placed on residential probation, the parents are notified. Second time offenders might have to appear before the University Hearing Board, depending on the severity of the offense. Sometimes a student will be moved to another residence hall, and sometimes it is better for all concerned for the student to move off campus.

Two big steps in the right direction were taken this year with new curriculum initiatives for first year students. Each first year residence hall floor now has a community advisor in addition to a resident assistant. The community advisor plans programs for the floor and also talks individually with students about how things are going academically. For example, the community advisor notices which students on the floor are oversleeping and missing classes

and will talk with the student about what is going on and how to improve the situation. The other initiative is the Weekend on Campus Community. This is a group of students who have made a commitment to stay on campus on the weekend. Next year the housing cost for all students living in residence halls will include a \$20 fee for programming. The objective is to make it more attractive for students to stay on campus on weekends, including Thursday – Sunday, by having interesting social events available.

There seemed to be general agreement that we need to find ways to change the culture. Staff from several areas are working together to set policies as a campus. It is important that all staff are sending the same message. Residential Life staff are talking with faculty regarding behaviors that they should notice that are warning signs of alcohol or drug problems. Staff and faculty need to be taught how to do this and how to steer students to Counseling Services. Students need to get the clear message that not everyone is choosing to use alcohol, tobacco or drugs and that substance use interferes with their educational objectives. While Hamline is doing things to try to accomplish this on campus, the fact remains that students are strongly influenced by the larger culture.

## Multicultural and International Student Affairs

The Center of Multicultural and International Student Affairs (MISA) has come a long way since its creation in 1970. Its original name was The Office of Special Programs. The name of the office was changed several times over the years, reflecting the changing views of society and the changing needs of the university. It became the Office of Minority Affairs in 1973, then the Office of Minority Programs (1974), followed by Office of Intercultural Affairs (1986), Office of Multicultural Affairs (1989), and finally its current name, Center for Multicultural and International Student Affairs (2001). The mission of the MISA Office is to support, assist, empower and promote the success of students of color and international students by helping to create a campus community where the needs of students of color and international students are addressed and where multiculturalism and diversity are appreciated, celebrated and advanced.

MISA staff does a great job of responding to the needs and interests of students. Some of their most important programs include the Student of Color Orientation, International Student Orientation, Student of Color Retreat, World Fest, Hamline University Conference on Race and Ethnicity, Dr. Martin Luther King, Jr. Commemoration, Annual Awards Banquet, and the Social Justice Symposium. There is also a discus-

sion series called “This is My Story” which focuses on race, identity, and community. In the Student to Student Mentor Program, all new international students are assigned a mentor, and all new students of color are given the opportunity to have a mentor. MISA produces a quarterly newsletter (Voice and Vision) that can be read on-line. MISA also offers traditional cultural awareness and history events throughout the year.

Dean Sneed said that his biggest challenge is dealing with the individual concerns that students bring. Students are facing questions of vocation and trying to figure out how their values match with their career opportunities. They struggle with identity issues and many have financial problems. There is a huge need for a bigger emergency fund for books and scholarships for students. Sneed also believes that there is a need for a full-time coordinator of diversity. This person would be an educator who would help move the university along on its goal of educating all students (CLA, graduate students, and Law) about multiculturalism, internationalism and other diversity and social justice issues, including class, sexual orientation, gender and ability issues.

During his eight years as Director of MISA, Dean Sneed has transformed the office from treating race as if it were simply a White and Black issue to making the office relevant and accessible to all students of color.



Carlos Sneed, *Assistant Dean of Students for Community and Diversity*, is the Director of The Center of Multicultural and International Student Affairs (MISA). In addition to his administrative responsibilities, he advises students, coordinates campus diversity programs, and advises PRIDE Black Student Alliance, Commitment to Community, and the Multicultural Alliance. He also serves as liaison with the Hamline University Parents Council. He joined the Hamline administration in 1998.

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# Safety and Security on Campus

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The office uses students as dispatchers. This job can be very stressful at times. The learning curve is huge, so Director Hoffman likes to hire freshmen students, train them extensively, and then keep them for four years. Dispatchers answer telephone calls, watch the monitors which scan many areas of campus, and dispatch officers as needed. They also make identification cards and keep track of keys. Whenever a key is needed to open a building, it has to be signed out and returned promptly. A key inventory is done every four hours. The office is very security conscious. A thorough background investigation is done for anyone having access to residence halls or critical area keys.

## **Parking**

Approximately half of Director Hoffman's time is spent dealing with parking issues. Parking is a huge problem on campus, and she would like to make the situation more equitable. Next year, first year students living on campus will not be allowed to have parking permits. Exceptions will be

made for first year residents with special needs. This will give commuter students a greater chance of obtaining a permit. It is important to have a good turnover of parking spaces. Currently, students with parking permits who live in the dorms often leave their cars parked in one spot all week and then use the car to drive home on the weekend. A parking spot used by commuters might be turned over 5 times in a day.

Parking restrictions are in effect from 8 a.m. until 4 p.m. weekdays. During these hours, visitors may only park in spaces designated for visitors, and students may only park in the lots if they have a parking permit. Next year, all visitor parking will be in the lot next to the big white house that was formerly the President's house. Visitors will be allowed to sign-in at the lot, and more spaces will be available.

First time parking violations usually result in a warning. The second violation results in a citation. Third and subsequent violations may result in the vehicle being towed. Tow warnings are issued before the vehicle is towed.

One big improvement that was made this year is that students do not have to park off-campus during a snow emergency. Alternate plowing schedules have been set up so that students may park in specifically designated campus lots during snow emergencies.

## **Communications**

Rumors abound on campus, so it is important that accurate information is disseminated. Early reports are often inaccurate or incomplete. Director Hoffman carefully investigates a situation before putting out an official communication. There are three ascending levels of communications: an informational announcement, a security warning of less serious events, and a crime alert for serious crimes.

Director Hoffman said that she is trying to move the office forward. She focuses on crime prevention, good customer service, being accessible, and responding to issues. She and her staff do the best that they can do every day. The Safety and Security Office is open 24 hours a day, seven days a week.

# Information for Parents and Guardians About Year-End Move Out of Residence Halls: A Letter From Patti Klein

The end of the academic year is just around the corner at Hamline University and the Residential Life Office wants to provide you with information about the residence hall move out process. We expect the afternoon of Thursday, May 18<sup>th</sup> and the morning of Friday, May 19<sup>th</sup> to be particularly hectic.

***Residence halls will close for the academic year at noon on Friday, May 19<sup>th</sup>.*** A variety of campus activities was taken into consideration when selecting this date and time



Patti Klein, *Assistant Dean of Students and Director of Residential Life*

including preparation for commencement weekend activities, general student welfare, and building cleaning and turn around for heavy summer use. We also ask students taking their last final exam on Thursday or earlier to please move out within 24 hours of

the last exam. (See the "Exceptions" box at the end of this letter if it is impossible for you to assist with your student's move out before noon on the 19<sup>th</sup>.)

During the most critical periods of move out our Safety and Security Officers will be near driveways and parking areas to assist with traffic management. We ask for your cooperation in this process. Students can expedite the process by being ready to move out when parents/guardians arrive. Also, please do not park in fire lanes, marked with yellow curbs, as the St. Paul Fire Department must have access to these areas at all times.

## **Helpful Move Out Hints**

If possible, pick up some of the student's personal property in advance of the final move out period. The weekend before finals, May 13 and 14, might be a good time to remove couches, chairs, bikes, etc. There will be less traffic on campus those days and better access to residence hall and apartment entrance points. Bring equipment to assist with the move including two-wheel carts or dollies. Tools may be

needed to dismantle personal property brought to the room. Cleaning supplies have been helpful in giving the room a final touch up.

Ask your son or daughter if they have scheduled an appointment to check out with their RA. That is when the Room Condition Form is signed and room key turned in. A final room inspection is made after the student departs campus. Residents must check out, in person, with a staff member and have the appointment scheduled 24 hours in advance.

The room must be returned to its original set-up. If the room had a bunk bed, which was dismantled, then it must be properly set up again as a bunk bed. Students are held responsible for the condition of the room and its furniture, starting the day they moved in. If there is furniture or carpet in reasonably good condition but you do not want to remove it from campus, leave it near one of our large dumpsters located between Manor and the Heights,

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# Multicultural and International Student Affairs

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This has resulted in a predominantly united community of students of color. He has helped strengthen the MISA student organizations and created programs that also include White students. Perhaps his most important contribution has been to keep the issues of race and diversity on the minds of campus decision-makers. His calm, open and friendly manner make him very approachable and his sincerity and dedication command attention. He always has something to say about social justice, and is committed to helping Hamline increase the number of students, staff, and faculty of color.

For more information about the MISA Office, its staff, programs, history and newsletters, please visit its website at [www.hamline.edu/multicultural](http://www.hamline.edu/multicultural).

## MISA CELEBRATES 35 YEARS!

This academic year has been one of celebration for the Center of Multicultural and International Student Affairs. To mark this special anniversary, Mike Pesko, a Junior majoring in Management, was commissioned to research and write the history of MISA. He produced a 100 page document that also compares Hamline's support of MISA with the multicultural offices of ten other local colleges, including Augsburg, Concordia, Macalester, Saint Catherine, and Saint Thomas. He compared the history, budget, staffing, programs, student organizations, and the organizational structure.

MISA held an anniversary party on March 3. Students, staff, and faculty were invited,

and Garvin Davenport, Dean of the College of Liberal Arts, gave reflections from his 40 years at Hamline. Another special guest speaker was Yolanda Williams who is a Hamline alumna, the former Director of Minority Programs, and the new President of the Black Alumni Association. Dean Carlos Sneed gave a power point presentation showing Hamline's 35 year legacy of multiculturalism, leadership, vision, and service to students and the community and Dean Alan Sickbert concluded the party by making a toast to the future.

The anniversary celebration will also be incorporated into MISA's year-end awards banquet. Dean Sneed is inviting all of the former directors of MISA to attend this annual event: Leavy Oliver (1970-1974), Barbara Simmons (1974-1978), Yolanda Williams (1979-1985), Daniel Abebe (1985-1989), and Starletta Barber Poindexter (1989-1998).

### College of Liberal Arts Students

Race/Ethnicity	Number
American Indian	13
Asian	124
Black	75
Hispanic	38
International	82
No response	70
Other	73
White	1708
<b>TOTAL</b>	<b>2183</b>

### College of Liberal Arts Student Organizations Focusing on Race, Ethnicity, Culture, and Identity

Alma Latina (created in 1998)

Asian Pacific American Coalition (1990)

Commitment to Community (1997)

FUSION Multiracial and Transracial Adoptee Student Association (2003)

Hamline African Student Association (2003)

Hmong Student Association (1995)

International Student Organization (1998)

Multicultural Alliance (1998)

Native American Student Association (1996)

PRIDE Black Student Alliance (1969)

South Asian Student Association (2003)

Students for a Free Tibet (2005)

# Information for Parents and Guardians About Year-End Move Out of Residence Halls

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as well as behind Drew Residence Hall. Donated items will be picked up by a local charity and distributed to those in need.

The morning of Friday, May 19<sup>th</sup> is expected to be very busy because, due to final exam schedules, many students cannot move out before then. If your student is able to move out before Friday we would appreciate any effort you can make to assist them. Collegiate Services will be on campus during finals week to pick

up lofts and microfridges rented by students. Shelving, lighting and similar items residents have added to their rooms must be removed before check out.

Students who want to stay in the residence halls past noon on Friday, May 19<sup>th</sup>, must obtain prior approval from the Residential Life Office by Wednesday, May 10<sup>th</sup>. Please make every effort to avoid making this request, as everyone cannot be accommodated. The Residential Life Office is located on the lower level of Manor Hall.

Thank you for your cooperation during this year-end transition. We hope your family has enjoyed a positive experience at Hamline University and that your student has had a successful year.

### Exceptions

*Students participating in commencement ceremonies on May 20<sup>th</sup> may move out by noon on May 21<sup>st</sup>.*

*Students living in Schilling Hall this summer will move to their summer rooms on May 25<sup>th</sup> at noon.*

## Parent News is published four times a year:

**September 1**  
**November 15**  
**February 1**  
**April 15**

This newsletter may be found on the Parents  
Web site listed below:  
*www.hamline.edu/parents*

Comments and suggestions are welcome.

Requests may be made for the mailing of  
hard copies by contacting the Dean of Stu-  
dents Office by telephone, mail, or e-mail.

*Address:*

Dean of Students Office, MS-C1901  
Hamline University  
1536 Hewitt Avenue  
Saint Paul, MN 55104  
*Telephone:* 651-523-2421

*E-mail:* [parentscouncil@hamline.edu](mailto:parentscouncil@hamline.edu)

## Join the Parents Council Leadership Team

The Leadership Team meets about four  
times a year to plan events and activities for  
Hamline Parents. It is a great way to meet  
other parents and become more connected  
to the campus.

Our first planning session for the 2006—  
2007 year will be on Monday, April 24, at 6  
p.m. in Sorin Lobby Room. This is shortly  
after the reception with President Hanson.

Feel free to join us to see whether you'd  
like to help out next year.

We especially need people who would be  
willing to write articles for the newsletter  
occasionally.

If you can't attend the planning session on  
April 24 but would like to help, please con-  
tact the Dean of Students Office to make  
your interest known.

Thank you!

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## Academic Calendar

### Remainder of Spring Semester 2006

Registration for Fall 2006 Semester (4/17 – 4/28)  
Last Day to Withdraw from a Class with Grade of W (4/26)

Honors Day 5/4

Spring Semester Classes End 5/12

Final Exams 5/15 - 5/18

Commencement 5/20

Final Grades due from Faculty for Non-Graduates 5/26

Student Progress/Probation Meeting (to review Winter/Spring Grades) 6/8

Final Grades due from Faculty for Extended Spring Semester 7/14

### Summer Term I, 2006

Classes begin 6/5

Classes end 6/29

### Summer Term II, 2006

Classes begin 7/10

Classes end 8/3

### Summer Term III, 2006

Classes begin 6/5

Holiday (no classes) 7/4

Classes end 8/11

### Fall Semester, 2006

New Student Orientation 9/3 - 9/5

Classes begin 9/6