

Northwest ABE Spring Regional 2009  
 Agenda & Session Guide  
*Thursday, March 26, 2009*

<b>Schedule of Events</b>	<b>Title and Presenter</b>
<b>Registration &amp; Check In</b> 4:30 – 5:00 P.M.	
<b>Supper &amp; Announcements</b> 5:00 – 6:00 P.M.	<b>Bourbon Meatloaf</b> The Tastiest meatloaf you have ever had! Topped with a tangy bourbon sauce, over garlic mashed potatoes and served with a side of glazed baby carrots.
<b>Breakout Session #1</b> 6:00 – 7:25 P.M. (Please choose from one of the two mini-sessions to attend.)	<b>Reading for Transition to Post-Secondary</b> <b>Presenter: Kristine Kelly, Academic Instructor, Robbinsdale Adult Academic Program Developmental Reading Adjunct, Hennepin Technical College – BPC</b> <i>(This session addresses the requirements for further reading instruction.)</i>  This session will address specific reading preparation for students planning to move into post-secondary education at a community or technical college. Topics addressed will be tips for preparing ABE students for the Accuplacer reading test, developing foundational and advanced developmental reading skills and teaching strategic reading and notetaking. The presenter brings the perspectives of a literacy coach, ABE teacher and a Hennepin Technical College developmental reading instructor.  ~~~~~ <b>Warning Signs of Mental Illness</b> <b>Presenter: Jim Torkildson, Lakeland Mental Health Center</b> <i>(Session description forthcoming.) (This session addresses the requirements for key warning signs of early onset mental illness.)</i>
<b>Breakout Session #2</b> 7:30 – 9:00 P.M. (Please choose from one of the two mini-sessions to attend.)	<b>Talking to Students About Healthy Relationships</b> <b>Presenter: Kari Stattelman, Children’s Services Coordinator, Lakes Crisis and Resource Center</b> <i>(This session addresses the requirements for positive behavior intervention strategies.)</i>  We will discuss dynamics of a healthy relationship, identifying warning signs of healthy/unhealthy relationships. We will look at the forms of violence including, verbal, emotional, sexual and physical abuse looking at the Power and Control wheel and how abusers will manipulate the relationship.  ~~~~~ <b>Using Manipulatives and Visuals in Math Instruction</b> <b>Presenter: Mary Grayson, instructor, AEOA Adult Basic Education</b> <i>(This session addresses the requirements for adapting the curriculum to meet the needs of diverse learners.)</i>  This session offers many ideas for using manipulatives and visuals to help students learn basic math concepts such as fractions, percents, decimals and geometry. Participants will work with manipulatives and create some of your own for use in these areas. You will leave with several practical ideas and tools to enhance your students’ learning.
<b>Bedtime Snack and CEU’s</b>	<b>End the night with a light dessert and spend time networking with your ABE colleagues from northwest Minnesota!</b>

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<b>Registration &amp; Refreshments</b> 8:30 – 9:00 A.M.	
<b>Welcome, Introductions &amp; Announcements</b> 9:00 – 9:15 A.M.	<b><i>Kirsten Fuglseth, NW Region Professional Development Coordinator</i></b>
<b>General Session</b> 9:15 – 10:20 A.M.	<p><b>Collective Intelligence Groups</b>  <b><i>Facilitator Lead</i></b>          Looking for some time to network and connect with teachers from other programs or classrooms? Use this time to discuss your successes, as well as learn from your colleagues. Please bring two or three ideas that worked well for you in your classroom or questions you would like to discuss.</p> <p><b><i>Topics:</i></b></p> <ul style="list-style-type: none"> <li>• Management / Administration</li> <li>• Math</li> <li>• Reading</li> <li>• Writing</li> <li>• GED-i</li> <li>• ESL (general)</li> <li>• GED (general)</li> </ul>
<b>Break</b> 10:20 – 10:30 A.M.	<b>Pick a Sandwich</b> Roast beef, Turkey, or Ham, served on flat bread with a side of soup.
<b>Breakout Session</b> 10:30 A.M. – 12:00 P.M. (Please choose from one of the two mini-sessions to attend.)	<p><b>Using Manipulatives and Visuals in Math Instruction</b>  <b><i>Presenter: Mary Grayson, AEOA</i></b>          This session offers many ideas for using manipulatives and visuals to help students learn basic math concepts such as fractions, percents, decimals and geometry. Participants will work with manipulatives and create some of your own for use in these areas. You will leave with several practical ideas and tools to enhance your students' learning.  <i>(This session addresses the requirements for adapting the curriculum to meet the needs of diverse learners.)</i></p> <p>~~~~~</p> <p><b>Basic Computer Skills Curriculum</b>  <b><i>Presenter: Susan Wettenkamp-Brandt, Technology Specialist, MN Literacy Council</i></b>          Adult students need basic computer skills literacy. Come to this session to see different lessons and curricula on how to teach basic computer skills to your adult learners.</p>
<b>Lunch</b> 12:00 – 12:45 P.M.	

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<b>General Session</b> 12:45 P.M. – 1:15 P.M.	<b>ABE Discussion Boards</b> <i>Presenter: Susan Wettenkamp-Brandt, Technology Specialist, MN Literacy Council</i> The ABE discussion boards allow educators to connect and share resources, experiences, and ideas with peers across the state. Got a question? Want input from peers about an idea you'd like to implement in your classroom? Post it to the discussion boards and get just-in-time feedback from ABE professionals from around Minnesota.
1:20 – 1:30 P.M.	<b>Break</b>
<b>General Session</b> 1:30-3:00 P.M.	<b>Building Bridges</b> <i>Presenter: Bonnie Juma, Professional Life Coach</i>  <p style="text-align: center;"><i>“There are two ways of spreading light;            To be the candle or the mirror that            Reflects it.” —Edith Wharton</i></p> <p>We all desire healthy, loving relationships, but they do not happen by chance or luck. It depends on skills and understandings that can be learned by anyone. We can begin from where we are, with our current abilities and understandings, to learn how to create and sustain satisfying connections with others. We can change what hasn't worked well for us, whether it's beliefs or behaviors. This workshop will help you begin the process of gently looking at your own relationship skills and learning new ones that may better serve you. There is often a “gap” between what our relationships and lives “look” like, and what we would like them to look like. The concepts and skills taught in this class can help you to build the bridges between these gaps. It is up to you.</p> <p>It begins with recognizing the “Gift” we are to this world, and opening our hearts to the beauty in each person. It is from this space that we can truly appreciate and care for ourselves and one another!</p> <p>It also begins with a desire to get clear about what we really want, and a courage and willingness to learn and try new things.</p>
<b>Wrap-up and CEU's</b> 3:00 – 3:15 P.M. (Please pick up your CEU's at the registration table as you leave today.)	<b>Kirsten Fuglseth, NW Regional Professional Development Coordinator</b>